

**SPECIAL NEEDS DENTAL ASSOCIATES/LEKAVICH DENTAL CORPORATION
POST OP ORDERS**

PATIENT:

DATE OF SERVICE:

POST OPERATIVE DIRECTIONS:

- 1. Soft diet for one week.**

NO CHEWING PLEASE

Examples of soft diet are:

- Blended soup
- Mashed potatoes and gravy
- Pudding
- Ice Cream

ABSOLUTELY NO NUTS, CANDY, or ANYTHING SHARP OR HARD

- 2. No sucking through a straw for one week**

- 3. 24 hours following your procedure:**

Rinse your mouth with a warm saltwater rinse - 1 tsp of salt in one cup of water; microwave to room temperature.

- 4. No strenuous activity for one week.**